



## FOR IMMEDIATE RELEASE

### Contact:

Nicole Wallace  
Program Director  
R.Y.R.-1 Foundation  
[nicole@ryr1.org](mailto:nicole@ryr1.org)  
(412) 529-1482

## “R.Y.R.-1 Foundation Virtual Run, Walk, or Roll” Fundraiser

**October 13, 2020-** The R.Y.R.-1 Foundation is excited to host the first-ever **“R.Y.R.-1 Foundation Virtual Run, Walk, or Roll” Fundraiser**. Regardless of your physical location, please join us for this special event. This fundraiser is a race that can be run, walked, or rolled from any location you choose. You can do so on the road, on a trail, on the treadmill, at the gym, or on the track. You get to complete your own race, at your own pace, and time it yourself. To register, please visit: <https://runsignup.com/Race/PA/Pittsburgh/R.Y.R.1>. The race entry deadline is Saturday, October 24, 2020. The race needs to be completed by Saturday, November 7, 2020 (participants can complete their race any time after they sign up).

If you are unable to participate in the “R.Y.R.-1 Foundation Virtual Run, Walk, or Roll,” please consider donating to the R.Y.R.-1 Foundation and/or purchasing an official race t-shirt from the race store.

“This is a wonderful and unique opportunity to support the R.Y.R.-1 Foundation,” says Michael F. Goldberg, MD, MPH, President of the R.Y.R.-1 Foundation. “Although we are unable to be together in person, it is a great way for us all to work together to support the R.Y.R.-1 community.”

“I am so excited to be part of the R.Y.R.-1 Foundation’s first annual virtual 5K/1K event to build community, awareness and much needed funds for research,” says Emily Pedersen, mother of an individual affected by R.Y.R.-1 and a Trustee of the R.Y.R.-1 Foundation. “This event gives our families an opportunity to get involved in fundraising and to be a part of finding an effective treatment or a cure for R.Y.R.-1-related diseases.”

## **About the RYR-1 Foundation**

The Pittsburgh, Pennsylvania-based 501(c)(3) public charity was launched in October 2014 by members of the Goldberg family, who have been affected by an RYR-1-related disease. It is currently the only organization that exists solely to advocate for and serve the needs of patients with RYR-1 myopathy, the most common cause of congenital myopathy. The mission of the RYR-1 Foundation is to support research leading to effective treatment or a cure for RYR-1-related diseases, to educate physicians about these diseases, and to provide patient/family support and advocacy. To learn more about the RYR-1 Foundation, please go to [www.ryr1.org](http://www.ryr1.org).